City of Dover a place where people want to live! NEWSLETTER

Winter 2010

Includes Parks, Rec and Library Information and Registration

Background photo taken by Dave Chambers

Table of Contents

Page	Contents
2	Table of Contents and Frequently Called Numbers
3	A few words from the Mayor and Editor
4	Kudos Korner and the Youth Advisory Council
5	Residential Rate Comparison
6	Being Frugal in a Recession
7	How to Shop for the Holidays Without Going into the Red
8	Code Enforcement-City Snow Removal
9	Protecting Our Waterways-Information from St. Jones Watershed Coordinator
10	First Night- New Year's Eve
11	Recycling Schedule for 2011
12	Public Utilities-Major Accomplishments Over the Past Decade
13	City Council Election Filing Information
14	Dover Police Safety Tips
15	Dover Fire Department
16	City Council (Beverly Williams and Bill McGlumphy)
17	City Council (Jim McGiffin and Sophia Russell)
18	Parks and Recreation Department; New Library Update
19	Parks and Recreation Department; New Library Update
20	Parks and Recreation Department; Dover Public Library
21	Parks and Recreation Department; Library Happenings
22	Parks and Recreation Department; Library Happenings (continued)
23	Parks and Recreation Department; Pitts Recreation Center
24	Parks and Recreation Department; Day Trips and Fitness
25	Parks and Recreation Department; Adult Fitness
26	Parks and Recreation Department; Adult Dance and Fitness
27	Parks and Recreation Department; Sports and Leagues
28	Parks and Recreation Department; Youth Activities
29	Parks and Recreation Department; Youth Activities (continued)
30	Parks and Recreation Department; Registration Information
31	Parks and Recreation Department; Activity Registration Form
	Even av en the Colled Neurophone

σ

Frequently Called Numbers

City Manager: 736-7005	Library: 736-7077
City Clerk (Council): 736-7008	Mayor: 736-7004
Electric Billing Questions: 736-7035	Police (Non Emergency) 736-7111
Electric Dispatch (Power Outages): 736-7086	Story Line: 734-1006 and 1007
Fire Marshal: 736-7011	Trash Collection: 736-7025
John W. Pitts Recreation Center: 674-7541	Water/Sewer: 736-7060
Inspections and Planning Department: 736-7010	

For questions concerning this newsletter please feel free to contact Kay Sass-Public Affairs Coordinator for the City of Dover. 302-736-7003 or via email at kdietzsass@dover.de.us

.....

A few words....



We had a real nice dose of fall weather but winter has definitely kicked in! In the last couple of months many exciting things have been going on in Dover. The Interfaith Mission for Housing has opened their doors to many who have moved in and now call it home. It did not take long for them to fill right up. The new facility makes it much better for them having everything at one location versus having an intake area and shuttling the guests over to area churches in the evening. Thank you to all of those who helped make this a reality. Also thank you to all of the churches for your generosity in providing housing and food to our guests the last couple of years.

We have gotten 6 security cameras installed at different locations downtown, I feel that the cameras we have installed are a good deterrent for any possible crimes that may occur, but they also allow the police de-

partment to be able to visually watch the different areas where the cameras are located. Even though all areas are continually patrolled it is refreshing to have additional documentation for some possible cases.

Dover SUN Park at Garrison Lake will begin actual construction after January 4th. The road to the facility has been installed and they are starting to haul building materials to the site. This will be the largest solar panel facility in the Mid Atlantic region.

The new Transit Center for the DART buses will be opening December 13th this will move the DART buses that travel throughout the city and up and down the state to go to the Transit Center versus the Water Street Parking Lot, which will be converted back to a parking area only. The new Transit Center is located on Queen Street at Water Street.

From my family to yours we want to wish you a very safe, healthy and happy holiday season and New Year!

Mayor Carleton E. Carey, Sr.

As the economy starts to crawl back we are still feeling the backlash in Dover as are all the municipalities in the United States. In this edition of our newsletter we have given you some tools on saving money while holiday shopping and tips on living a frugal lifestyle. We want to believe that things will get better and we need to believe this, because if we do not, we resign ourselves to failure and that is just not what this country is built on.

In the coffee shops and restaurants around town, where many of the local, state and national problems are solved on a daily basis, it only takes one set of ears to engage and think, "You know, I never thought of it that way." Spoken out loud it

could start a domino effect and the next thing you know, everyone at the table gets a small dose of possibility and the wheels begin turning. Dover is in need of turning wheels today, in the community, in Council meetings, in the coffee shops, at work and at play. Not one of us is nearly as smart as all of us. We have plenty of mountains to climb, and every one of us can contribute something to the good of our community, even in a small way, it all adds up.

As the Public Affairs Coordinator I strive daily to live up to our motto; Dover, a place where people want to live! I firmly believe this to be an ideal community and hope that you all feel the same way.

From all of us in the City Manager's Office we want to wish you and yours a very Merry Christmas and may the New Year bring you all the happiness you deserve.

Kay Sass Public Affairs Coordinator Editor for City of Dover Newsletter

KUDOS!

Too many times life gets away from us and we forget to acknowledge the people that do great things!

The city would like to recognize the following:

Dave Carden-Public Utilities, Electric– Dave saved the city over \$24,000 by verifying the active billing accounts for businesses and apartment complexes for street lights

Tracey Harvey; Planning and Community Development– Met 100% obligation deadline for the Neighborhood Stabilization Program. Delaware State Housing Authority sent a letter to city officials commenting that the achievement does not come easily and they compliment her hard work!

Joanne Burton; Dover Public Library-Consistently keeping up with the increasing demands despite an increase in the amount of materials coming into the library due to the end of the fiscal year and in an increase in donations despite being short staffed.

THANK YOU FOPR YOUR DEDICATION AND SERVICE TO OUR COMMUNITY!

Youth Advisory Council

Dover City Council is again accepting applications from youth ages 14-18 years old to be part of the Youth Advisory Council. The youth council meets once a month (may meet more often if an event or activity is taking place) and are selected by the City Council. Their terms last one year.

The youth advisory make recommendations to the city council on the following:

Policy matters affecting the youth in the community.

Planning, organizing, coordinating and carrying out drug-free and

alcohol free social, cultural, recreational and educational activities for youth in the community. Establish guidelines, rules and procedures for participation in the activities.

If you are interested or know someone who is please log onto the City website at www.cityofdover.com and download an application and submit it to:

City of Dover Attn: Kay Sass PO Box 475 Dover, DE 19903

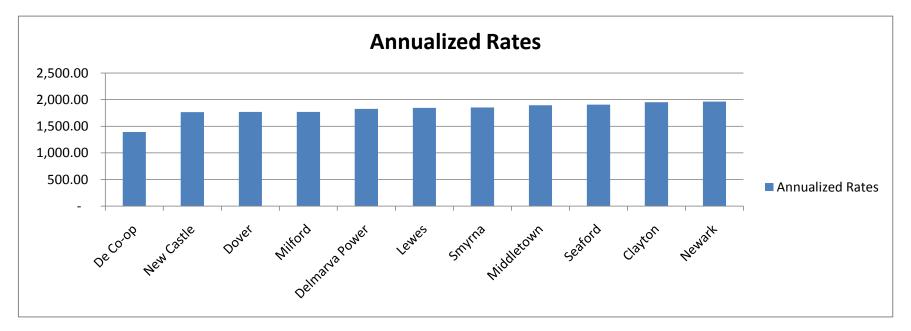
Forms are also available on the City of Dover "Facebook" page! Not a fan? Become one today!



Residential Rate Comparison Annualized at 1,000 kWh per month As of 11/23/10

	June	July	August	September	October	November	December	January	February	March	April	May	Total
De Co-op	122.50	122.50	122.50	122.50	112.91	112.91	112.91	112.91	112.91	112.91	112.91	112.91	1,393.28
New Castle	152.13	152.13	152.13	152.13	144.63	144.63	144.63	144.63	144.63	144.63	144.63	144.63	1,765.56
Dover	147.38	147.38	147.38	147.38	147.38	147.38	147.38	147.38	147.38	147.38	147.38	147.38	1,768.56
Milford	155.27	155.27	155.27	155.27	143.53	143.53	143.53	143.53	143.53	143.53	143.53	143.53	1,769.32
Delmarva Power	154.48	154.48	154.48	154.48	151.27	151.27	151.27	151.27	151.27	151.27	151.27	151.27	1,828.08
Lewes	156.44	156.44	156.44	156.44	152.36	152.36	152.36	152.36	152.36	152.36	152.36	152.36	1,844.64
Smyrna	158.48	158.48	158.48	158.48	152.48	152.48	152.48	152.48	152.48	152.48	152.48	152.48	1,853.76
Middletown	156.76	156.76	156.76	156.76	158.70	158.70	158.70	158.70	158.70	158.70	158.70	158.70	1,896.64
Seaford	164.45	164.45	164.45	164.45	156.05	156.05	156.05	156.05	156.05	156.05	156.05	156.05	1,906.20
Clayton	162.70	162.70	162.70	162.70	162.70	162.70	162.70	162.70	162.70	162.70	162.70	162.70	1,952.40
Newark	163.71	163.71	163.71	163.71	163.71	163.71	163.71	163.71	163.71	163.71	163.71	163.71	1,964.52

Approximate DP&L 's transmission capacity charge is based on each individual's Peak Load Contribution(PLC) to the overall transmission load. Each customer has a unique PLC that changes every January.



Some say the recession is over, but many of us will be affected for a substantial amount of time. Perhaps you or your spouse lost your job; maybe you could no longer make your house payments and had to move? Whatever the reason is, living frugal can be easier than you think!

♦Here are some tips to make living frugal something all of us can do.

♦Do not buy coffee, soda, water or snacks while out. Grab something and bring it with you. This can be a substantial savings over a short amount of time.

Pack your lunch instead of eating out while at work

♦Try to shop just once a month and plan your meals by what is on sale, always shop with a list and stick to it.

•Buy enough of the items on sale to last you for about 12 weeks that is how long it takes for sale items to cycle back around.

♦Bring your own bags to the grocery store, many places credit you a few cents per bag.

♦Look for events in your area that entertain for free

♦Use the public library for books, videos and more

♦Keep up on your cars maintenance to avoid bigger expenses down the road

♦Shop around for auto insurance, you may be surprised at how much the prices vary.

♦Fill up your gas tank in the early morning when the air is cool and the gas is dense.

◆Turn off electrical items at the plug every night.

♦Keep the lights off during the day, take advantage of the sunlight.

◆Take shorter showers.

◆Insulate your water pipes.

◆Install low flow showerheads.

•Keep your freezer full. It is less expensive to keep a full freezer cold than an empty one. Freeze water in old milk jugs to take up additional space.

◆Take advantage of flex spending accounts for medical and child care needs.

♦Do home and auto repairs yourself.

♦Reuse items such as plastic bags – Ziploc type can be washed and reused, bags from the grocery store can be used to take your lunch in to work.

♦Email for free samples – google it! Many products off free samples if you sign up for their newsletters.

♦Most people could really get by with getting their haircut every 8-10 weeks instead of every 6 weeks.

♦Have a yard sale.

♦Use a spreadsheet to track your spending on ways that you can cut back.

♦Change your mindset instead of thinking "what do I need to buy?" Ask yourself "what do I have that I could use instead?"

HOW TO SHOP FOR THE HOLIDAYS WITHOUT GOING INTO THE RED

Whether you shop at the mall, online, or by phone or mail, here are some ways to shop smart and stay on budget:

Comparison shop. A "sale" price isn't always the "best" price. Some stores offer discounts on merchandise for a limited time; others offer discounted prices every day.

Ask about price-matching policies and sale adjustments. Merchants may be willing to match, or even beat, a competitor's price to make a sale. If you buy an item at a regular price, and it goes on sale the next week, you may be able to get a credit or refund for the discounted amount.

Use coupons. Coupons can be useful if they save you money on what you already plan to buy. Some retailers may even accept coupons from their competitors. But there may be restrictions. Check for expiration dates. Avoid using one if it requires you spend more than you've budgeted.

Think before buying bargain items. For example, "Buy One, Get One Free" sales may not be a bargain if you don't really need or want the second item.

Shop online: Take a look at websites that compare prices. If you decide to buy from an online merchant, make sure the site you're purchasing from is reputable and secure. Secure sites normally feature an https: in the URL address and/or a padlock logo. Also consider shipping costs and delivery time before making a purchase.

Save your receipts. You may need them later for returns or exchanges.

Keep a spending record. List of all your purchases. This will help you stick to your holiday budget. If possible, also include important details such as order numbers, shipping costs and dates, warranties, and any return or refund policies that apply.

Avoid last-minute shopping. In a rush, you'll be more likely to forget your list or make "impulse buys" due to pressure.

Ship early. If you plan to send gifts to loved ones who live out-of-town, factor in the extra time needed for shipping. Waiting until the last minute can lead to costly express or overnight costs.

Review your success. Once the holidays are over, evaluate this year's holiday spending strategy. Did you stick to your budget? If you didn't, what caused you to spend more than you expected? What strategies worked well? How can you improve next year?

If you end up overspending despite your good intentions, don't dwell on your failure. Instead, look for ways to cut back on expenses or try to bring in extra income to help you balance your budget and pay off any outstanding debts. If you aren't sure how to deal with your current financial situation, don't be afraid to ask for outside help.

This information is from the Consumer Credit Counseling Service of Maryland and Delaware Inc.

CODE ENFORCEMENT

Snow removal by City residents:

All owners and occupants of any premises abutting upon a sidewalk must remove any snow or ice collected upon the sidewalk within 12 hours of daylight after it has ceased snowing. Sidewalks must remain clear to allow pedestrians to conveniently and safely pass.





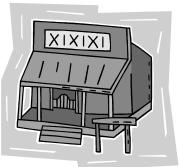
City Snow Removal:

The City of Dover has implemented a Snow Emergency Plan, which is available on the city website at <u>www.cityofdover.com</u>, under Public Announcements. This plan covers the process for which city crews will remove the accumulation of snow and ice from the streets of Dover during a storm. Priority of snow re-

moval will be given to the snow emergency routes, such as State Street, Governors Avenue, Division Street, Loockerman Street and West North Street. City crews will also keep fire, police and ambulance services open. As these areas are cleared, city crews will move to other sections of the city for snow removal. Visit the website and read the emergency plan for all the information on snow removal and information on which streets, sidewalks and parking lots will be cleared by the city crews and which will be the responsibility of the property owner. There also is contact information for whom to contact if the snow emergency plan is implemented.

Vacant Buildings:

Vacant buildings are detrimental to the surrounding buildings and neighborhoods, in which they exist. Frequently, people will go into vacant buildings, kick holes in walls, graffiti, tear off fixtures, run water, break windows, as well as other illegal activities. As a result the City has an ordinance that addresses these problems and may help them from becoming a hazard to the community. If you see any buildings or homes that appear vacant please contact the Inspections Department at 736-4457 to report it.



In the garden: Make things easier on you, your wallet, & our water



<u>Plant Native</u>

When deciding what plants to add to your garden this spring, look for native plants! You'll have greater success growing native plants since they are already adapted to the local climate and inherently require less maintenance. Once established, native plants are able to withstand extreme weather conditions, plant diseases, and pests that may damage other non-native species. Plant species native to the Coastal Plain work well for most Delawareans. So what else do native plants have to offer?

- *Water filter*. Extensive root systems absorb harmful pollutants that seep into the ground before they reach our groundwater table,
- Low maintenance. Need I say more? Native plants require less watering (once established) and fertilizer since they are well-adapted to existing soil conditions which translates into less time and money spent on your garden/yard,
- Wildlife habitat. They provide shelter and familiar food sources for wildlife. Habitat loss caused by human activities has pushed many wildlife species, including birds, mammals, and beneficial insects into urban/ suburban areas. Consider certifying your yard as a Backyard Wildlife Habitat© through the National Wildlife Federation,
- *Attractive*. Find beautiful additions or replacements for your existing garden. Visit your local nursery and ask to see the native plant selection or attend one of the many native plant sales in the area that occur throughout the year.

Careful with that fertilizer...

How can fertilizer be harmful? Fertilizer is not harmful when used carefully, however, the majority of home owners apply more fertilizer on their lawn and garden than what is actually needed. The effect **you** see is a greener lawn, but it is the effects you **don't see** that can impact your health and community. If you use too much fertilizer or apply it at the wrong time, it can easily wash off the sprayed surface and into a storm drain, then flowing untreated into our ponds, streams, and waterways. Nitrogen and Phosphorus, found in fertilizers, accumulate in our waterways causing poor water quality that negatively affects fish and other wildlife populations and makes recreational activities such as boating, fishing, and swimming un-



pleasant. There are ways you can help prevent that from happening! Here's how:

- Have your soil tested. Pick up a soil test kit at your County Cooperative Extension office or hire someone to test it for you. Find out what nutrients, if any, are lacking and make informed decisions about your lawn care.
- Don't fertilize before a rain storm. All your hard work will go down the drain,
- Leave grass clippings on your lawn, they provide moisture and nutrients, free of charge!
- Make your own compost from fallen leaves and other organic material and mix it in with your soil. Or use the City's leaf mulch at Schutte Park, courtesy of leaves collected from the City of Dover homes and streets,
- Use organic, or slow-release fertilizers,
- Plant native plants. They require less care since they are adapted to this region's soil conditions.

For more information contact Lara Allison, St. Jones Watershed Coordinator, at Lara.Allison@state.de.us or (302) 739-9939.

FIRST NIGHT DOVER! NEW YEARS EVE FOR THE ENTIRE FAMILY!



For more information about First Night Dover visit us on the web at www.firstnightdover.com.

First Night is an alcohol free celebration promoting responsible celebrating through the arts. First Night Dover combines nationally recognized talents with tomorrows budding artists and has earned a strong reputation for the quality of the artistic programs. The celebration begins in the afternoon (3 pm) with the performances and activities focused towards children. It continues into the evening with something for the entire family!

Special Features:

6:00 pm Family Fireworks (Legislative Mall)11:45 pm Countdown to midnight begins!Midnight Delaware State News Ball Drop and Fireworks Display

The excitement this year will include:

Tributes to Michael Jackson and Simon and Garfunkel Delaware Ballet Aerial Majesty Arts Steel Drum Performance Cool Science Hands on Activities Jazz Music Circus Clown Performances Family and Stand Up Comedy and so much more!

FIRST NIGHT Buttons are available at Happy Harry's in Kent County, Forney's Too, Delaware Made, First State Heritage Park Visitor Center at the Delaware State Public Archives

Buttons cost \$10 before December 25th and \$15 after. Children 10 and under are free when accompanied by a button wearing adult.

2011 RECYCLING CALENDAR

<u>Zone 1</u>	Zone 2	Zone 3	Zone 4
January-3,17, 31	January-10, 24	January-4, 18	January-11, 25
February-14, 28	February-7, 21	February-1, 15	February-8, 22
March-14, 28	March-7, 21	March-1, 15, 29	March-8, 22
April-11, 25	April-4, 18	April-12, 26	April-5, 19
May-9, 23	May-2, 16,30	May-10, 24	May-3, 17, 31
June-6, 20	June-13, 27	June-7, 21	June-14, 28
July-4, 18	July-11, 25	July-5, 19	July-12, 26
August-1, 15, 29	August-8, 22	August-2, 16, 30	August-9, 23
September-12, 26	September-5, 19	September-13, 27	September-6, 20
October-10, 24	October-3, 17, 31	October-11, 25	October-4, 18
November-7, 21	November-14,28	November-8, 22	November-1, 15, 29
December-5, 19	December-12, 26	December-6, 20	December-13, 27
		,	
Zone 5	Zone 6	Zone 7	Zone 8
January-5, 19	January-12, 26	January-6, 20	January-13, 27
February-2, 16	February-9, 23	February-3, 17	February-10, 24
March-2, 16, 30	March-9, 23	March-3, 17, 31	March-10, 24
April-13, 27	April-6, 20	April-14, 28	April-7, 21
May-11, 25	May-4, 18	May-12, 26	May-5, 19
June-18, 22	June-1, 15, 29	June-9, 23	June-2, 16, 30
July-6, 20	July-13, 27	July-7, 21	July-14, 28
August-3, 17, 31	August-10, 24	August-4, 18	August-11, 25
September-14, 28	September-7, 21	September-1, 15, 29	September-8, 22
October-12, 26	October-5, 19	October-13, 27	October-6, 20
November-9, 23	November-2, 16, 30	November-10, 24	November-3, 17
December-7, 21	December-14, 28	December-8, 22	December-1, 15, 29
	/ 		
Zone 9	Zone 10	2011 Recycling Holid	lav Schedule
January-7, 21	January-14, 28		
February-4, 18	February-11, 25	May 30-Memorial Da	-
March-4, 18	March-11, 25	July 4– Independence	-
April-1, 15, 29	April-8, 22	September 5– Labor l	Day
May-13, 27	May-6,20	November 24-Thanks	sgiving Day
June-10, 24	June-3, 17		
July-8, 22	July-1, 15, 29	If your recycling colle	ection day falls on
August-5, 19	August-12, 26		•
September-2, 16, 30	September-9, 23		days, it will be collected
October-14, 28	October-7, 21	the following day.	
November-11, 25	November-4, 18		
December-9, 23	December-2, 16, 30		
	10, 50		
,	fightion you may contact the D		

For additional clarification you may contact the Department of Public Services at 736-7025. Thank you!

Major Accomplishments and Costs Over the Past Decade in Public Utilities

2001 - New Dover substation cost of \$1.9 million

2004 - 230 kV Cartanza Interconnection Substation and associated 69 kV transmission line on White Oak Road \$10 million

2005 - Rebuilt Division Street Substation \$950,000

2006 - Rebuilt the 69 kV transmission line near Dover Downs \$415, 000

<u>2007</u> - Van Sant to Mid city 69 kV transmission line and rebuilt Lebanon Substation \$168,000 and \$791,000 respectively

2008 - Rebuilt Mayfair Substation and rebuilt Horsepond Substation \$2,252,000

<u>2009</u> - 69 kV feeders 3 and 4 and rebuilt St. Jones Substation and New College Road Distribution Substation \$18.1 million

<u>2010 -</u> Rebuilt Mid City Substation and upgraded all of the 69kV relays to microprocessor based relays and pollution remediation project at McKee Run (converted from #6 oil to #2 oil) \$4.875 million

<u>2010</u> - Through fuel switching, the city has improved environmental impact through investments that reduce Nox output and SO2. Improved efficiencies through streamlining auxiliary equipment

<u>2011</u> - The utilities will complete a 5 year, 69 kV breaker replacement program which will upgrade all the breakers to new standards. \$436,000

FILING DEADLINE FOR THE 2011 CITY OF DOVER MUNICIPAL ELECTION

The term of office for the At-Large, First, Second, Third, and Fourth City Council Districts will expire in May 2011.

RESIDENTS WHO WISH TO RUN IN THE 2011 CITY OF DOVER MUNICIPAL ELECTION MUST MEET THE FOLLOWING QUALIFICATIONS:

- (1) A citizen of the United States and of the State of Delaware; and
- (2) A resident of the city for at least two (2) years immediately preceding the day of the election; and
- (3) A resident of the election district from which they are seeking election, unless they are seeking election as the At-Large Councilperson; and
- (4) Eighteen (18) years of age; and
- (5) Nominated by petition signed by not less than ten (10), nor more than 25 City of Dover registered voters. Petition signers for First, Second, Third, and Fourth District City Council candidates must be residents of the same City election district in which the candidate resides. Petition signers for At-Large City Council candidates may reside in any of the four (4) City districts; and
- (6) Must not have been convicted of embezzlement of public money, bribery, perjury or any other infamous crime.

Filing petitions are available at the City Clerk's Office, City Hall, 15 E. Loockerman Street or can be obtained from the City's website at <u>www.cityofdover.com</u>.

Completed petitions for the City Council seats must be filed with the City Clerk by **Friday, February 11, 2011 at 4:30 p.m.**

The Municipal Election will be held on Tuesday, April 19, 2011 between the hours of 7:00 a.m. and 8:00 p.m. The polling places will be announced after the filing deadline has passed.

Additional information regarding filing for office, the election, or voting by absentee ballot can be obtained from the City Clerk's Office: ph: 736-7008, e-mail: <u>cityclerk@dover.de.us</u>, or by visiting our website: <u>www.cityofdover.com</u>

Traci A. McDowell, CMC City Clerk To make the most of your holiday season the Dover Police Department would like to offer the following shopping safety tips:

Do your shopping during daylight hours whenever possible. If you must shop at night, go with a friend or family member.

Shop in groups or if you are alone, ask security to walk you to your vehicle.

Always carry a cell phone on your person. Make sure you program 911 and other emergency numbers on speed dial to quickly reach the police or emergency personnel if necessary.

Do not overload yourself with packages. It is important to have clear visibility and freedom of movement to avoid mishaps; it also makes you a potential target for theft.

Do not leave your purchases visible in your vehicle; conceal the packages in the trunk. If packages must be left inside a vehicle, cover them with a blanket.

Be cautious of strangers approaching you for any reason. During the holiday season criminals try various methods of distracting you with the intention of taking your money or possessions.

Be extra careful if you do carry a wallet or purse. These are the prime targets for criminals in crowded shopping areas.

Avoid carrying large amounts of cash. Pay for purchases with a check or debit card when possible. Also keep a record of credit card numbers in a safe place at home and notify your credit card company immediately if your credit card is lost, stolen or misused.

Shop online. If you do shop online, use websites that have a good reputation. Do some research before you choose an online retailer by reviewing its website and asking friends for reliable places to shop.

If you are going away for the holidays inform the police department so they can drive by and check on things while you are away. Let your close friends or neighbors know too so they can keep an eye on your home.

Stop your mail and newspapers from being delivered so they do not pile up in your driveway and mailbox.

With the upcoming holiday shopping season, the Dover Police Department will increase the number of officers that will be on patrol starting mid-November and running through the early part of January 2011. Officers from several units will be patrolling streets, shopping centers, and parking lots to make sure that the holiday season is a safe and enjoyable one for all.

Wishing you and yours a safe and happy holiday season from the Dover Police Department!

Fire Safety Tips from the Dover Fire Department

Christmas Tree Fire Prevention and Safety:

Keep trees securely upright in a stand to ensure that it will not accidentally tip over or be knocked over by children, pets.

Keep your tree away from any and all heat sources. This includes electrical outlets, radiators, space heaters, and fireplaces.

Make sure natural trees are well watered.

If you have purchased an artificial tree, please make sure it is labeled "fire retardant".

Unplug the tree lights before leaving your home or before going to bed.

Use a maximum of three strands of tree lights on a single extension cord.

Dispose of your tree at an appropriate recycling center promptly after the holiday season. Your community may also offer pick-up services from your home—this is also a good option.

Holiday Lighting and Fire Safety:

Unplug any lighting, indoor and out, before going to bed.

Never leave any candles unattended. It only takes a moment to light and blowout a candle. It also only takes a moment for a spark from a candle to turn into a big fire.

Do not let pets or children chew on strands of lights meant for the tree or home décor.

Make sure the cords used for lights and other decorations are not frayed. If they are, it is time to get rid of them. It is easier to buy a new strand of lights than to try to restore your home after a fire.

Do not run electrical wires under rugs.

Make sure all candles are in sturdy holders that will not tip over and are placed away from furniture and other home accessories.

Fireplace & Woodstove Fire Prevention:

Always have a professional inspect your fireplace annually.

Inspect your stove or fireplace for any cracks.

Always use a screen in front of your fireplace while it is burning.

After the holidays are over, do not try to get rid of your Christmas tree, wreaths, or leftover wrapping paper by burning them in a fireplace or stove.

Additional Fire Prevention and Fire Safety Tips:

Keep all items three-feet away from radiators, baseboard heaters, and space heaters.

Exercise caution if using a space heater in a bedroom. Never place a heater next to a bed, especially a child's bed, as blankets could ignite. Place the heater in a place where a sleepy person getting up in the middle of the night will not trip over it and get burned or have a bad fall.

Keep a list of emergency contacts handy, including the number for your home or renter's insurance company and a fire restoration specialist should the unthinkable happen.

Make sure all fire, smoke, and carbon monoxide detectors in your home are in good working condition. Replace dead batteries. Replace any alarms that are over 10-years-old. Install a fire alarm on every level of your home and one outside of every bedroom door.

Keep fire extinguishers handy on every level of your home in a place where they can be easily accessed. Keep an extinguisher in your kitchen and by any fireplaces or stoves.

If you smell or see smoke, exit the structure immediately and call 911!

Have a SAFE Holiday Season! Dover Fire Department

City Council



As we wrap up another year, I am thankful to have served all of you.

I am a firm believer in education and all aspects that go with it. The library is one of those. I am for the new library I am just not for a new library on the back of the taxpayer. The state funds that are being given (or "matched") are some of the same type of funds. These are funds that the state has received from tax payers so inadvertently the City of Dover constituents have paid the contribution made from the city (\$3.7 million) and now their tax dollars will be the contribution for what the state matches. I just do not want to see the taxpayers be burdened with this

expense.

I will continue to do my best to limit the growth of the government and to keep that burden off the tax payer as well.

Merry Christmas and Happy Holidays!!

Beverly Williams

1st District Councilwoman

As the year comes to an end, I wanted to take this opportunity to thank each of you and to wish you the best of the holiday season.

I hope that you have taken the time to enjoy the lights in Downtown Dover and to take in at least one of the many activities that are going in Dover.

From myself and my wife, Stephanie - we wish each and everyone a very Merry Christmas and a safe and healthy New Year!



Bill McGlumphy 2nd District Councilman

The City of Dover is a place where people want to live! Through the team efforts of its elected officials, employees and citizens, Dover is a clean and safe community with a future of balanced growth and opportunity where all citizens are heard, enjoy a high quality of life, and diversity is valued.

City Council



This year has been challenging for many in our city. The recession is over, according to economists, but the difficulties associated with the recession remain.

We have suffered through a particularly nasty political season this fall in the national and state wide arenas. If we aren't careful we could get discouraged. Let us guard against discouragement.

Let us remember that we can accomplish a great deal when we are willing to work together. Let us keep in mind the important messages of this holiday season so that 2011 will bring peace and prosperity to all of the good people of the City of Dover.

Jim McGiffin 3rd District Councilman

I want to wish you a very Merry Christmas and ask that we take care of our own and of others who are in need.

Every year I try to spread good cheer amongst those in my district and this year is no different. Unfortunately the economy is taking a toll on many families, if we all reach out to help someone in need we can do wonders in the City of Dover.

I wish you a very Happy Holiday Season!

Sophia Russell

4th District Councilwoman





THE NEW DOVER PUBLIC LIBRARY ... **SECOND FLOOR** PUBLIC LIBRAR Administrative Reading Technology Lab Conference Room Room 00 **B** Гŧ (C 00 00 Non Dover Fiction **Reference** Section Room Fiction Quiet Study Space X6 XA XB X5 Green Roof X4 xc XD (X1) SCALE: 1/8" = 1'-0 XF 1

The second floor of the new Library building is primarily designed to serve adults. Every month during the building's planning process, the architects hosted meetings for the public to hear about the services our citizens desired in the new library and the spaces that are important to people. The second floor of the building almost completely reflects the services and spaces that we heard about in these meetings.

- The second floor is reached by both the staircase and an elevator.
- At every meeting, we heard that our current library is too noisy and people are not able to use it as they would like to because of this. The small oval is the Quiet Study space. This space is designed to be silent space and our staff will ensure that this quiet is maintained in this area. The perimeter mimics the glass walls of the Children's Department which is below. Library customers in the Quiet Study Room will look out onto the Green Roof and Loockerman Street.
- The Green Roof serves a very practical purpose. It catches the rain water from the top of the building. This rain water is used in the non-potable areas of the building and to irrigate the grounds of the building. The Green Roof eliminates the need for a water retention pond on the site.
- The long area of the floor plan above illustrates the reference, nonfiction and fiction collections. In the middle (by the staircase), there is a bank of computers for use by the public.
- The building will be wireless so that personal PC's may be used to access the Internet throughout the building.
- On the left above, is a Reading Room with tables and chairs.
- On the right above, is the Dover Room. In our current building, we have a local history collection named the "Delaware Room." In our meetings, we learned there are many private collections of Dover historical materials in the community and there is concern about where these materials will go. In our new building, the focus on local history will be on Dover history. Many of the materials in our Delaware collection will move into the new building but our focus as move forward will be in Dover history.
- The large square is the Technology Lab. When we started our planning, this was to be simply the "Computer Training Lab." Now, our priorities have expanded to include our very important Job Center. In the new building, this

Technology Lab will house the Job Center, the Computer Training Lab and the new Small Business Resource Center.

- The small square is a ten (10) person conference room. This conference room, like the meeting rooms on the first floor, will be available for use by the public.
- The spaces in the middle of the areas are openings in the floor. These openings are under certain chimneys which bring sunlight in to the interior of the building. This ensures that natural light reaches all spaces not just from the front and back of the building.
- Then there are mechanical rooms, the staff break room, administrative offices, public rest rooms and emergency stair wells.

Site Work Officially Begins:

On November 29, 2010, Reybold Construction put the spade in the ground to begin work on the access road that runs along the DNREC property line behind the Post Office. During construction of the building, this road will provide access for the construction vehicles and materials. After the building is open to the public, this road will be an exit road which will provide access from the parking lot to the light on Innovation Way and Loockerman Street for a safe left turn towards Rt. 13.



Thank you to our legislators for their bi-partisan and wide-spread support of our new library building project. The new library facility will be the designated Anchor Library for Kent County.



Senator Colin Bonini Senator Brian Bushweller Senator Bruce Ennis Representative Brad Bennett Representative Don Blakey Representative Bill Carson Representative Darryl Scott

Thank you for your commitment of Community Transportation Funds which has paid for this road project.

DOVER PUBLIC LIBRARY

Dover Public Library

45 S. State Street Dover, DE 19901 www.doverpubliclibrary.org



Library Hours Monday - Thursday 9 AM - 9 PM Friday & Saturday 9 AM - 5 PM Sunday 1 PM - 5 PM

Dover Public Library - Telephone Numbers

Answerline/Adult Services (302) 736-7077 Children's Services Circulation Adult Services **Dial-A-Story** Fax Interlibrary Loan Library Administration Reference **Technical Services Teen Services**

(302) 736-7034 (302) 736-7030/7033 (302) 736-7077 (302) 734-1006/1007 (302) 736-5087 (302) 760-4925 (302) 736-5025 (302) 736-7094 (302) 736-7031 (302) 736-7185

Margery Cyr, Library Director

LIBRARY HAPPENINGS

Computer Classes Adults & Teens - Join us for FREE computer classes at the Dover Public Library - classes are scheduled throughout the winter. Call 736-7077 to pre-register. Classes offered: Computer Basics, How to Search the Internet, Email Basics, Microsoft Word basics, How to use library research databases, and Microsoft Excel basics.

Delaware Money School Wednesday, April 6 6 - 7:30 PM "Start your business now" Stop by or call the library at 736-7077 for other class offerings.

Creative Writing Workshop Wednesdays, Dec. 15, 2010 - March 16, 2011 5-7PM Run by Dr. Fidelis Odun Balogun, a professor from Delaware State University.

Genealogy

Wednesday, March 16 at 2:00 PM

A representative from Delaware Public Archives will give a presentation on Genealogy Basics 101.

Delaware Humanities Forum

February (date & time to be announced) Dr. Charles Albert Tindley: Delaware Hymnist Extraordinaire. This lively presentation will involve music & singing. Give the library a call for details at 736-7077.

Fiction Book Group

Sunday, January 2 2 PM A new book club to start a new year! Please

join us to talk about your favorite reads and come prepared to suggest a book for the group. Group will meet monthly on Sunday afternoons.



Adult Gamers

Thursdays, Jan. 27, Feb. 24, Mar. 24 & Apr. 21 1 PM Want to learn how to play on a Wii? Stop by the library (ages 18 & up) - we have just the game for you!

"In Harmony" Music Series

"In Harmony..." is a FREE program presented by the Dover Public Library as a cultural and educational experience. Join us the first Friday of the month at 7:00 PM at the Delaware Public Archives (121 Duke of York Street) in the Mabel Lloyd Research Room.

February 4 Doug James, Award-winning Pop Singer March 4 Joe Baione, Professional Jazz Vibraphonist April 1 E. Shawn Qaissaunee, Contemporary -American Jazz & Afghan Jazz Music



LIBRARY HAPPENINGS

Teen Services 736-7185

TAC (Teen Advisory Council)

Come & help make decisions on what's going on at your library. If the teen section doesn't have the books, music, magazines, programs, or movies you want - this is your chance to do something about it and gain volunteer hours at the same time. Your input is wanted and needed. Snacks are provided. Held on **Thursdays from 3 - 5 PM**.

January 13	February 10
March 10	April 14

Young Writers' Workshops

If you have an interest in creative writing then this is where you want to be. Bring in what stories you are working on & hear from other authors about the stories they are working on. Share ideas and thoughts on the writing process. Snacks will be provided. Held on Thursdays from **6:30** - **8:30** PM.

January 20	February 17
March 17	April 21

Book Club for Teens

Who is your favorite character? What did you think about where the book was set? Come to the Book Club for Teens & talk about everything liked, loved or hated about the book. Join the TAC and be a part of what books are chosen for this series. Each month a new book will be chosen & discussed. Held on Thursdays from 6 - 8 PM.

January 13	February 10
March 10	April 14

Game Night

Game night is a fun time where teens will play all kinds of games. Wii, board games, charades and a lot more are in store for this fun program being held on **Thursdays from 6 - 8 PM**.



January 27 February 24 March 24 April 28

Books to Movies

Teens that love to read & watch movies - this Saturday program is held from 1 - 4 PM. Look for the 1st book to be announced on Jan. 1, 2011 and then the movie based on that book will be shown on Jan. 29. After the movie have a fun chat about the movie & book. (Join the TAC and be a part of picking the book & movie themes!)

January 29	February 26
March 26	April 23

Winter Reading Challenge

The Winter Reading Challenge is running from Wednesday, December 15 thru Tuesday, March 15 and is for both teens and adults. The theme is movies. There will be trivia questions, a crossword section, a scavenger hunt and plenty of challenging goals to earn points toward prizes. Come in, get your forms and start having fun. There will be a small awards party after the Winter Reading Challenge is over.

TBA

Every week will be something fun to do. There will be crafts such as bracelet making and more. If you want to help decide what type of teen programs the library will have then come to the TAC. Snacks will be provided. The program will be held **from 6 - 8 PM** on the following **Thursdays**.

January 6	February 3
March 3	April 7

DOVER "ANCHOR" LIBRARY PROJECT

Help us get a new library!

For status updates, information about public meetings, to learn how to make a donation, go to: www.doverpubliclibrary.org/project

LIBRARY HAPPENINGS

Children Services 736-7034



Toddler Time

(Birth – 3 yrs) Tuesdays & Fridays 10:15 - 10:45 am Preschool/ Kindergarten Time (3 - 6 yrs) Thursdays 10:00 - 10:30 am

After-School Storytime

Join Miss Jackie & Miss Audrey for stories, songs and activities for children in Pre-K - 2nd grade. Program meets every other Thursday at 4:00 PM through the remainder of the school year. Please visit: www.doverpubliclibrary.org on the web for specific dates.

Sleepytime Storytime

Children of all ages can wear pajamas, bring a favorite stuffed animal, and enjoy an evening of stories & songs with Miss Audrey on Wednesdays at 6:30 PM.

	1
January 5	February 2
March 2	April 6

Saturday Stories with Miss Jackie

Enjoy stories, songs & crafts with Miss Jackie in this storytime program at 11 AM on the following dates:

January 22	February 19
March 19	April 16

Family Game Night

Families with children of all ages can try a variety of board games that are fun for everyone on **Wednesdays at 6** PM on these dates:

January 26	February 23
March 23	April 27

If You Give a Cat a Cupcake

On Wednesday, January 12 at 6:30 PM - Join Miss Audrey as she reads Laura Numeroff's "If You Give a Cat a Cupcake" & other sweet stories followed by a cupcake craft. Participants will have a chance to win a pair of tickets for the Schwartz Center performance of "If You Give a Cat a Cupcake". (Community Partner: Schwartz Center.)

Valentine Craft

Make a valentine for family or friends in this drop in craft for all ages. Younger children may need adult assistance. Sunday, Feb. 6 2 - 3:30 PM

Wednesday, Feb. 9 6-7 PM



A Secret Garden

Come over to the library on Wednesday, March 9 at 6:30 PM to discuss Frances Hodgson Burnett's classic story "The Secret Garden," then create a secret garden of your own - a terrarium, in this program for children ages 8 - 12 years. At the end of the program, a drawing will be held for a pair of tickets to a performance of "The Secret Garden" at the Schwartz Center. (Community Partner: Schwartz Center.)

Creative Writing Contest: Look a Frindle!

How creative can you be? Children ages 8 - 12 years are invited to use creative writing and poetry to rename a common item, as Nick did in Andrew Clements' "Frindle". The contest winner will win a pair of tickets to the Schwartz Center's performance of "Frindle". Submissions will be accepted March 1 - 15, 2011, and the winner will be announced on March 30th at the Frindle book discussion. Please visit www.doverpubliclibrary.org for contest rules. (Community Partner: Schwartz Center.)

Frindle Book Discussions

Join Miss Audrey for a discussion of Andrew Clements' book "Frindle": with related activities. The winner of the creative writing contest will be announced at both book discussions. (Community Partner: Schwartz Center.)

Wednesday, March 30 6:30 PM Saturday, April 2 11 AM

Homeshcool Workshops

The homeshcool workshops are open to children 10 & up. Registration required, as space is limited. The topics are: World War II February 2 2 - 4 PM World Cultures: India May 4 2 - 4 PM

2011 Summer Reading Program "One World, Many Stories" is the 2011 Summer Theme - look for more information this May!

Dover Park & Recreation Office & Staff Information

Dover Park & Recreation Office 1210 White Oak Road Dover, DE 19901 Hours: Mon.-Fri., 8:30 AM - 5:00 PM Phone: (302) 736-7050 Fax: (302) 736-7154

Dover Park - Parks & Recreation Staff Zachery C. Carter, Director Carolyn Courtney, Administrative Assistant Steve Pickering, Sports Coordinator Sherwanda Rachal-Speaks, Recreation Specialist

John W. Pitts Recreation Center 10 Electric Avenue Dover, DE 19904 *Hours: Mon.-Thur., 8:30 AM - 9:00 PM Fri., 8:30 AM - 8:00 PM Sat., 8:30 AM - 4:00 PM Sun., 12:00 PM - 4:00 PM Phone: (302) 674-7541 Fax: (302) 678-2674 *All hours are subject to change without notice

JWP Recreation Center - Parks & Recreation Staff

Wayne Voshell, Recreation Center Coordinator Peggy O'Brien, Office Assistant Katie Byrnes, Building Supervisor Connie Dickerson, Building Supervisor Holly Dee, Service Center Clerk Amy Webb, Service Center Clerk

Mailing Address

City of Dover Parks, Recreation & Library PO Box 475 Dover, DE 19903 Email: parks@dover.de.us Website: www.cityofdover.com/?c=/departments/parks/ Weather Line: (302) 736-7155



ADULT ACTIVITIES

DoverWALKS

Join our facility based walking program to promote healthy life-styles among local residents, including our seniors, mom's with strollers, and walkers of all ages. Our goal is to promote walking as an alternative to physical inactivity, remove barriers of weather and cost, promote walking as a family activity, and build community pride. This FREE program is a great way to get healthy, join friends for a walk or make new friends along the way. We provide Tracking/Record keeping forms to track your success, make available healthy tip



sheets, and recognize our participants' success. Join us today! The Pitts Center features a 1/13th mile indoor walking track. DoverWALKS Program hours are Monday through Friday, from 8:30 - 11:30 am.

Get Fit at the Pitt!

Senior Fitness Fun

Looking for an activity that provides fun while getting some exercise? Join us for our Senior Fitness Fun times at the John W. Pitts Recreation Center. Activities will include Washer Toss, Ladder Toss, Badminton, Bocce, Pickleball, Volleyball, and more! No competition...just fun!! Not into games? That's ok, enjoy walking on our marked indoor walking track to get your exercise. The Senior Fun Fitness program is for those ages 60 and up. Call 674-7541 today for the monthly schedule of activities.

JOHN W. PITTS RECREATION CENTER Visit us for an Open Gym Monthly Calendar, or check it out on-line, or call 674-7541

What is required for City of Dover residents to participate in **Open Gym Periods?**

- 1. Complete an Open Gym Registration Form
- 2. Present a valid Photo ID

3. Under 18 must be registered by a parent/guardian. With completion of these steps, a JW Pitts Recreation Center ID card will be issued for entry to Open Gym Periods.

We offer the following Open Gyms:

Children Open Gym* (11 & under) Youth Open Gym (12 to 17 yrs.) Adult Open Gym (18 & over) Senior Open Gym (60+) Family Open Gym (all ages) Walkers & Runners (all ages) *Must be accompanied by an adult

DAY **T**RIPS

New York City

Spring & Summer are wonderful times to explore New York City. Participants will be taken to NY City via motorcoach and dropped off in the vicinity of Radio City Music Hall to explore and shop on their own. The bus will leave the John W. Pitts Recreation Center parking lot promptly at 7 AM. We will depart from NYC at 7 PM and return to Dover approximately 10:30 PM. Minimum of 35, maximum of 45. Please review the bus trip policy on the Registration Information page prior to registering. We do not offer refunds or credits if you cancel or miss the bus.

Day: Saturdays Depart: JW Pitts Rec. Center Activity Fee: \$35 Parking Lot*, 7 AM

Trip 7: Date: April 16

Trip 8: Date: April 30 Trip 9: Date: May 14

Trip 10: Date: June 18

*New Departure Site for these trips

Philadelphia Flower Show - 2011

The 2011 Philadelphia International Flower Show will transport visitors to the beautiful City of Lights - the capital of art, fashion, food, and love. A blooming "Springtime in Paris" will greet guests with a bucolic park scene along the Seine. Flowering trees, lilacs, roses and borders of lavender will lead visitors through gardens inspired by the Tuileries. In the distance, a daring Moulin Rough atmosphere will pulse with cabaret performances, spectacular flower sculptures and carousel topiaries. NEW: We will leave Philly at <u>4 PM</u> this year!

Depart: JW Pitts Center Parking Lot, 8:00 AMActivity Fee: \$37Day: WednesdaySession: Trip PFS1Date: March 9

Limited number accepted for all trips- sign up early!

Do you have an idea for <u>a class or program?</u>

We're always looking for new and exciting programs to offer for our community. If you have an idea of an activity or program that you would like to see, please contact the City of Dover Parks & Recreation programming staff, Sherwanda Rachal-Speaks or Steve Pickering by calling (302) 736-7050.

FITNESS CLASSES

Chair Aerobics: For Strength and Flexibility

A chair is used for seated or standing support. This nonimpact aerobic class is for those individuals who are interested in increasing upper body strength, cardiovascular & muscular endurance. This class is



designed to increase balance, range of motion & coordination. Adaptable for all fitness levels. Class instructor, Pat Arnold is a certified senior group fitness instructor. Held at the JWP Recreation Center on Thursdays from 9 - 9:50 AM. Activity Fee: \$25

Session: CA4 Dates: January 13 - February 17 Session: CA5 Dates: February 24 - March 31

Low Impact Aerobics

This back to basics, cardio workout is designed to burn fat, strengthen, tone, and improve balance with low impact movements. Light weights will be utilized for specific exercises. This class is gentle on the body and is adaptable for all fitness levels. Be sure to wear comfortable workout clothing and bring water....and a smile. Class instructor, Pat Arnold is a certified senior group fitness instructor. Held at the JWP Recreation Center on Mondays & Wednesdays from 4:10 - 5 PM. Activity Fee: \$32

Session: LA5	Dates: December 20 - January 19*
Session: LA6	Dates: January 24 - February 23*
Session: LA7	Dates: February 28 - March 30
*No Class: January 17 or February 21	

Zumba

Dance your way to a more fit you! Exciting & unique Latin moves & rhythms. Zumba is a high energy Latin dance in a fitness class setting. Made for all levels of fitness & you don't even have to know how to dance. Participants should bring water. Instructor - Jennifer Tunnis. Taking place in the JWP Recreation Center from 5:10 - 5:55 PM. Activity Fee: \$35 (Instructor's discount **)

Session: ZM3	Session: ZM4
Day: Mondays	Day: Mondays
Dates: Dec. 20 - Feb. 7*	Dates: Feb. 14 - Mar. 28*
*No Class: Dec. 27 or Jan. 17	*No Class: Feb. 21
Session: ZT3	Session: ZT4
Day: Thursdays	Day: Thursdays
Dates: Jan. 13 - Feb. 17	Dates: Feb. 24 - Mar. 31

**Instructors Discount: Available when <u>registering</u> for a Monday & Thursday class at the same time.

Adult Fitness at the Pitts Center

Stressless & Fitness Yoga

This program incorporates the best of yoga techniques which tones the body, meditation for total body relaxation and stretching for strengthening and toning the whole body. Class is designed to develop strength & flexibility that is used to counter balance the stress in our day to day lives. You will also experience fat burning by holding poses. You will leave this class feeling less stressed, energized, and ready to take on the world. Instructor, Susan Albanese is a certified personal trainer and fitness specialist from Healthy Bodies for Today. Taking place in the JW Pitts Recreation Center from 6:50 - 7:35 PM. Activity Fee: \$25

Session: SY1	Session: SY2
Days: Mon. & Wed.	Days: Mon. & Wed.
Dates: January 3 - 31	Dates: February 2 - 28
No Class: Jan. 17	No Class: Feb. 21
Session: SY3	Session: SY4

Days: Mon. & Wed. Dates: March 2 - 28 Session: SY4 Days: Mon. & Wed. Dates: April 4 - 27



WOW - Women on Weights

This weight class is chocked full of sculpting, toning & balance burning for the upper and lower body. We will focus on each muscle group by toning the muscles with hand weights and after 30 minutes of standing weight training we will end with floor work to focus on abs, hips and glutes. This class is great for toning and balancing the body from head to toe. Class is for beginners as well as advanced. Please bring a mat and hand weights. Instructor, Susan Albanese of Healthy Bodies for Today. Taking place from 6 - 6:45 PM at the JW Pitts

Recreation Center. Activity Fee: \$25Session: WOW1Session: WOW2Days: Tues. & Thurs.Days: Tues. & Thurs.Dates: January 4 - 27Dates: February 1 - 24

Session: WOW3	Session: WOW4
Days: Tues. & Thurs.	Days: Tues. & Thurs.
Dates: March 1 - 24	Dates: April 5 - 28

Insane Fitness

Take a journey beyond the basic bootcamp class to experience the benefits of sculpting, toning and fast fat burning for the upper and lower body. Three minute intervals of intense cardio will be followed by 2 minutes of hardcore weight training & sport style drills. Floor work is also incorporated. This class will leave you pumped and energized. Please bring a mat and hand weights. Instructor, Susan Albanese. Taking place in the JW Pitts Recreation Center from 6:50 - 7:35 PM. Activity Fee: \$25

	. Heeliney Feel ϕ 25
Session: IF1	Session: IF2
Days: Tues. & Thurs.	Days: Tues. & Thurs.
Dates: January 4 - 27	Dates: February 1 - 24
Session: IF3	Session: IF4
Days: Tues. & Thurs.	Days: Tues. & Thurs.
Dates: March 1 - 24	Dates: April 5 - 28
Dates. Match 1 27	Dates. April 3 - 26

Interval Kickboxing

This dynamic workout will change your body from head to toe by doing 5 minute intervals of kickboxing & weight training. After 30 minutes of energizing kickboxing combos combined with weight training we will end with floor work. Please bring a mat and hand weights. Instructor, Susan Albanese. Taking place in the JW Pitts Recreation Center from 6 < 6:45 PM. Activity Fee: \$25

$110^{\circ} 0.451$ W. Activity Fee. 925	
Session: IK1	Session: IK2
Days: Mon. & Wed.	Days: Mon. & Wed.
Dates: January 3 - 31	Dates: February 2 - 28
No Class: Jan. 17	No Class: Feb. 21
Session: IK3	Session: IK4
Days: Mon. & Wed.	Days: Mon. & Wed.
Dates: March 2 - 28	Dates: April 4 - 27

Bootcamp Blast

Experience the benefits of cardio & sculpting for faster fat burning. This intense cardio class is packed with loads of jumping, running & fat burning drills followed by hardcore ab & pushup training. We attack all body parts to shock & burn the muscles, which in turn leads to an increased metabolism and lost inches. Please bring hand weights. Instructor, Susan Albanese. Taking place in the JW Pitts Recreation Center from 9 - 9:45 AM. Activity Fee: \$15

ecreation Center from 9 -	9:45 AM. Activity Fee: \$15
Session: BBl	Session: BB2
Day: Saturdays	Day: Saturdays
Dates: January 8 - 29	Dates: February 5 - 26
Session: BB3	Session: BB4
Day: Saturdays	Day: Saturdays
Dates: March 5 - 26	Dates: April 2 - 30*
	No Class: April 23

Adult Activities at the Pitts Center

S.O.A.R. SPECIAL OPPORTUNITIES AVAILABLE IN RECREATION

S.O.A.R. is a therapeutic recreation program serving individuals who are unable to successfully participate in regular recreation programs. Most individuals with special needs may participate in S.O.A.R. program. Persons from ages 8 through adults who have leisure needs not met by traditional recreation programs are eligible. This includes those with varying degrees of developmental, physical, or learning disabilities.

For information on upcoming events, please call Steve Pickering at 736-7050.



AARP Defensive Driving

Become a safer more confident driver as you learn to cope with congested highways, changing traffic laws, and roadway rudeness. There are no tests. Attend this classroom defensive driving course and receive a 10% discount on the liability and no-fault portion of your car insurance premiums for three years. Class is designed for people over 50, but is open to everyone. This is the basic class, for first time participants. Class is being held at the JWP Recreation Center in Schutte Park.

Registration:

Registration and fee schedule are available from the instructor, Stuart Wilhoite by calling 302-678-0263. Dover Parks & Recreation does not handle registration.

Basic Course

Advanced Course (one day)

	(
Day: Wednesday	Date: January 12	Time: 9 AM - 1 PM	
Day: Thursday	Date: February 24	Time: 9 AM - 1 PM	
Day: Tuesday	Date: March 15	Time: 9 AM - 1 PM	

Soul Line Dancing

Soul Line Dance lessons for beginners. Prepare yourself for lots of fun-filled workouts and the opportunity to meet many new people who live in this great community. *C* & K Soul Line Dancing a husband & wife team, promote the idea of having fun while exercising. You will learn the electric slide, cupid shuffle, casper slide, and many more. This class will feature line dances for several styles of music to include oldies, jazz, R & B, and gospel. Class will be held at the JW Pitts Recreation Center from 6:30 - 8 PM. Activity Fee: \$7 or \$42*

Session SLD3 Day: Wednesdays Dates: Jan. 5 - Feb. 9 Session SLD4 Day: Wednesdays Dates: Feb. 16 - March 23

Session SLD5

Day: Wednesdays Dates: March 30 - May 4 *NEW: This is a pay as you go - class! Each time you attend a class you will need to complete a registration form and pay \$7.00 for that evenings class. Or you may register for the session of 6 classes in advance for \$42.

Indoor Walking

For seniors, walkers, moms with strollers and anyone with the desire to get up and walk! Join us Monday thru Friday from 8:30 - 11:30 AM at the John W. Pitts Recreation Center on our 1/13th mile indoor track. It's FREE to City of Dover residents. For more information about this program, we encourage you to stop by the Pitts Center or call 674-7541.

Baby Signing Time

Babies can sign before they can talk. Take the guesswork out of wondering what your baby wants, he can tell you with baby sign language. Baby Signing Time is an award winning series that teaches babies to communicate before they can talk. This class has much to offer the family or caregiver to infants & toddlers. (Parents & children 3 years & under.) Held at the JW Pitts Recreation Center from 6:45 - 7:30 PM. Activity Fee: \$85 (includes DVD)

Session SL1	Session SL2
Day: Tuesdays	Day: Tuesdays
Dates: January 4 - 25	Dates: February 1 - 22
Session SL3	Session SL4
Session SL3 Day: Tuesdays	Session SL4 Day: Tuesdays

Sports & Leagues

40+ Basketball

Looking for a little pick-up court time? We have just the thing, check out our 40+ Basketball, it's just the sport for those who are looking for exercise and court time! Held from 7 - 8:30 PM. Activity Fee: \$20

Session: MBl	Session: MB2
Days: Mon. & Wed.	Days: Mon. & Wed.
Dates: Jan. 3 - 31	Dates: Feb. 2 - March 2
No Class: Jan. 17	No Class: Feb. 21
Session: MB3	Session: MB4
Days: Mon. & Wed.	Days: Mon. & Wed.
Dates: March 7 - 30	Dates: April 4 - 27

30+ Recreational Soccer

This recreational indoor soccer activity for adults, consists of organized scrimmages focusing on exercise & fun. (No scores will be kept.) Games played between **7 - 8** PM. Activity Fee: \$25

Session: AS1 Day: Tuesdays Dates: January 18 - February 22

Adult Volleyball League

Game Information: Eight (8) match regular season on Thursdays League Dates: March 10 - May 12 Team Entry Fee: \$250 (due by March 1) Team Rosters: B, C, & D divisions due by March 1

Girls High School Soccer League

Game Information: Six (6) game schedule on Mondays League Dates: January 10 - February 28 Team Entry Fee: \$150 (due by January 3)



Girls High School Lacrosse League Team registration only. League games will be played at Dover Park. An organizational meeting will be held at the Dover Park Recreation Center on April 20 at 7 PM. Team Entry Fee: \$350 due by May 13

Days: Saturdays Dates: Starting in June

Spring-Summer League Organizational Meetings

Mens Summer Softball League

Team registration only. League will consist of a 26 game schedule. Games will be played on the Schutte Park, Dover Park, and New Street Park softball fields. An organizational meeting will be held at the Dover Park Recreation Center on February 17 at 7 PM. Team Entry Fee: \$885 due by March 4

Days: Mondays & Wednesdays or Tuesdays & Thursdays Dates: Starting in April

Co-Ed Summer Softball League

Team registration only. League will consist of a 16 game schedule. Games will be played on the Schutte Park, Dover Park, and New Street Park softball fields. An organizational meeting will be held at the Dover Park Recreation Center on February 22 at 7 PM. Team Entry Fee: \$620 due by March 4

Days: Mondays & Wednesdays Dates: Starting in April

Womens Summer Field Hockey League

Team registration only. League games will be played at Schutte Park. An organizational meeting will be held at the JW Pitts Recreation Center on April 21 at 7 PM. Team Entry Fee: \$500 due by May 13

Days: Sundays & Wednesdays Dates: Starting in June

High School Summer Field Hockey League

Team registration only. League games will be played at Schutte Park. An organizational meeting will be held at the JW Pitts Recreation Center on April 21 at 7 PM. Team Entry Fee: \$350 due by May 13

Days: Mondays Dates: Starting in June

Junior High School Field Hockey League Team registration only. League games will be played at Schutte Park. An organizational meeting will be held at the JW Pitts Recreation Center on April 21 at 7 PM. Team Entry Fee: \$150 due by May 13

Days: Saturdays Dates: Starting in June

YOUTH ACTIVITIES

Youth Volleyball Clinics

Proper gym attire and knee pads are required for this fun filled volleyball clinic. Held from **5:30 - 7:30 PM**. Activity Fee: **\$25**

Grades 6 thru 9 Session: YVB1 Day: Mondays Dates: March 7 - April 18* No Class: April 4

Boys & Girls Soccer

This co-ed soccer activity will consist of organized scrimmages that focus on **fun & exercise**. NO TEAM REGISTRATIONS. Scores & standings will not be kept. Games will be played from **6 - 7 PM**. Activity Fee: \$25

Ages 7 - 10 years	Ages 11 - 14 years
Session: SOC1	Session: SOC2
Day: Tuesdays	Day: Tuesdays
Dates: Jan. 18 - Feb. 22	Dates: Jan. 18 - Feb. 22

Youth Field Hockey Clinics

Proper gym attire is required for this fun filled field hockey clinic. Held from 6 - 7 PM. Activity Fee: \$25

Grades I thru 6 Session: FHI Day: Mondays Dates: January 10 - February 28* *No Hockey: Jan. 17 & Feb. 21*



Summer Basketball League

It's back - our indoor summer co-ed youth basketball league. This league emphasizes fun, safety, participation, skill development and the proper attitude towards competition. Tryouts will be conducted on June 4th (for those who have pre-registered), no cuts. Held at the JWP Recreation Center, games will be played between 9 AM - 3 PM, schedule will be mailed once team assignments have been made. Activity Fee: \$50

Proof of birth must be verified prior to tryouts.

League Dates: Starts on June 18 (June 4th Try out times: Bantam - 9 AM, Intermed. - 10 AM, Junior - 11 AM) Bantam (boys & girls born in 2000 - 2001) Intermediate (boys & girls born in 1997 - 99) Junior (born in 1995 - 96)

Spring Break Camp

Looking for a safe and stimulating environment for kids to be kids during Spring Break? Our camp offers exciting activities, games, arts & crafts, and much more! Participants must bring their lunch each day. Camp times are strictly enforced. Enrollment is limited - sign up today. Camp will be held at the JWP Recreation Center from 9 AM - 3 PM. Activity Fee: \$60.

Grades I thru 5 Session: SBC1 Days: Monday - Friday Dates: April 25 - 29

Learn-N-Play (3 - 5 year olds)

Together, parents and preschoolers can learn & play a variety of sports while practicing fundamental motor skills designed specifically for the young child. This basic introduction to sports consists of skill stations games, and drills while stressing fun. Age appropriate equipment will be used. Both the child and the parent must wear court shoes and comfortable clothing and be ready to participate in the program. Taking place at the JWP Recreation Center. Each session class time runs from 6 - 6:45 PM. Activity Fee: \$18

Basketball Skills - Introduces the basic fundamentals of basketball including passing, dribbling, control, & more!	All Sports Skills* - Covers basic fundamental sport skill introduction to baseball, soccer, & basketball skills such as throwing, catching.	Baseball Skills - Introduces the basic fundamentals of baseball, including catching, throwing and hitting.	Soccer Skills - Introduces the basic fundamental skills of soccer, including passing, dribbling and shooting.
Session: BK1 Day: Fridays Dates: February 4 - 25	Session: ALL1 Day: Wednesdays Dates: January 5 - 26*	Session: BAl Day: Mondays Dates: April 4 - 25	Session: SC1 Day: Mondays Dates: March 7 - 28
Session: BK2 Day: Wednesdays Dates: March 2 - 23	Session: ALL2 Day: Wednesdays Dates: February 2 - 23* *Held at Dover Park		Session: SC2 Day: Wednesdays Dates: April 6 - 27

Youth Activities

Hip Hop Youth

Ages 8 - 11 years

Hip Hop is a popular energetic pop style version of urban street dance. In this class you will learn the latest moves to "today's" music while you build self-esteem, enhance your coordination and stay fit! Instructor: Extreme Entertainment. Class will be held at the Dover Park

Recreation Center from 6 - 7 PM. Activity Fee: \$135 Session HH1 Session HH2 Days: Mon. & Wed. Days: Mon. & Wed. Dates: Jan. 10 - Feb. 7* Dates: Feb. 14 - March 14*

No Class: Jan. 17

Session HH3 Days: Mon. & Wed. Dates: March 21 - April 13

Dance Party!

Ages 6 - 10 years

No Class: Feb. 21

Would you like to get your kids up & moving instead of just sitting in front of the TV after school? Teaching our children the importance of fitness and exercise is vital to a healthy lifestyle. Here's the chance to get our kids moving without the commitment and pressure of team sports. Dance Party is all about having fun, incorporating dances and games. From the Macarena and the Casper Slide to hula hoop and push-up contests, Dance Party rewards everybody with the benefits of physical health and loads of fun. Instructor: Healthy Bodies for Today. Class will be held at the JWP Recreation Center from 10 - 10:45 AM. Activity Fee: \$25.

circuction ocnicer monin to			
	Session DP1	Session DP2	
	Day: Saturdays	Day: Saturdays	
	Dates: January 8 - 29	Dates: February 5 - 26	
	Session DP3	Session DP4	
	Day: Saturdays	Day: Saturdays	
Dates: March 5 - 26		Dates: April 2 - 30*	
		No Class: April 23	

Dress Up Movies

Ages 10 and under



your favorite movie prop or dress up like your most beloved character. Free popcorn will be offered. Held at the JWP Recreation Center showtime begins at 6 PM.

Dress Up Movies continues this winter. Bring

Session	Movie	Date
DUM1	Toy Story 3	January 21
DUM2	The Karate Kid	February 11
DUM3	The Last Airbender	March 18
DUM4	The Spy Next Door	April 28

Annual Egg Hunt

Youth 10 & under Bring your baskets and be ready to gather eggs left by the Dover Park bunny. This annual event only lasts a few minutes - so don't be late!! The hunt starts promptly at Noon! The event is FREE to children 10 and under and will be held April 16 at Dover Park.



Lets Do Robotics Ages 6 - 10 years

Yes, we CAN learn about Robotics! With LEGOTM WeDO Robotics System, young children can build and program their own robotic creations. Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, programming and so much more. Build a project with LEGOS[™], connect it to the computer, program it and your creation moves. Held at the JW Pitts Recreation Center, class time is from 9 -10 AM. Activity Fee: \$60

Session ROB1	Session ROB2
Day: Saturdays	Day: Saturdays
Date: Jan. 8 - Feb. 12	Date: Feb. 19 - March 26

Rock N' Roll Robotics Ages 6 - 10 years This is a continuation of Let's Do Robotics Class. We will use the LEGOTM WeDO Robotics System. Children will build & program new robotic creations. Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, programming and so much more. Build a project with LEGOSTM, connect it to the computer, program it and your creation moves. Young imaginations soar! Being held at the JW Pitts Recreation Center, class time is from 10 - 11 AM. Activity Fee: \$60

incer, enabe enne io moni	10 11111111111001110y 1 00. 40
Session RR1	Session RR2
Day: Saturdays	Day: Saturdays
Date: Jan. 8 - Feb. 12	Date: Feb. 19 - March 26

Hula Hoop Class

Ages 7 - 12 years

If you thought that all you could do with a hula hoop is swing it around your hips then you are about to be amazed! Hooping is great exercise, building strength, eye hand coordination, balance & fexability all while learning some really cool tricks. Class includes our hand made hoop in a variety of beautiful colors. Held at the JW Pitts Recreation Center from 6 - 7 PM. Activity Fee: \$5 session / \$10 hoop (one time purchase)

- ·	-
Session HP1	Session HP2
Day: Thursdays	Day: Thursdays
Date: Jan. 13 - Feb. 17	Date: Feb. 24 - March 31

Parks & Recreation - Registration Information

Registration Highlights

- * Registrations must include full payment with completed & signed registration form.
- No refunds or credit certificates will be given unless Parks & Recreation cancels the activity.
- * If you miss your activity, we do not offer credits or refunds.
- No credits/discounts on late activity registrations.
- * We will not offer credit or refunds for participants who register for BUS **TRIPS & then do not** attend.

Registration Process

Registrations are accepted at the John W. Pitts Recreation Center & Dover Park office, over the phone, and by mail. Registration is required & all fees must be paid prior to participation in a program. Many programs fill quickly, so we encourage early registration.

Credits/Refunds

We do NOT issue credits/refunds unless the program is cancelled by the City of Dover Parks & Recreation Department. We will contact you in this event.



Cancellation/Relocation Information Line

Weather conditions have you wondering if a City of Dover Parks & Recreation event is still taking place? Just call 736-7155 for updated program information!

Building & Pavilion Rentals Dover Park Recreation Center and the JWP Recreation Center have rental space available for meetings & special occasions. Also, pavilion rentals are available in Dover Park, Schutte Park, and Silver Lake Park. A minimum of two (2) weeks notice \bullet Keep music on low volume is necessary for these rentals. For a complete list of rules, rate information, and date availability, give the City of Dover Parks & Recreation Department a call at (302) 674-7541.

Oops! Oops!! Oops!!!

At the time of print, we deem all information to be correct. We strive to be as accurate as possible; however, programs and program information is subject to change without notice.

Don't miss out!

Nothing cancels a great activity quicker than participants waiting until the last minute to register. There is a point where, if there are not enough registrants, an activity is cancelled. Calling the day before or even showing up the day of the activity to sign-up won't save the program! <u>Register Early!</u>



Help Take Care of the Parks Keeping City of Dover Parks beautiful, clean, and safe starts with YOU!

- Report graffiti to 674-7541
- Pick up after Fido
- Respect park grounds
- Clean up your trash
- No driving on the grass
- Park Hours: Dawn to Dusk

Following these rules will help keep our parks enjoyable all year long!



BUS TRIP POLICY

- ⇒Registrations must be received before the deadline.
- ⇒Trips are subject to cancellation for inclement weather. (We will attempt to notify participants in this case.)
- ➡ Trips are subject to cancellation if the minimum participant requirement is not met.
- Registrations accepted on a firstpaid first-served basis.
- ⇒ Travel times are approximate.
- ⇒The bus will NOT wait for you.
- ⇒ Those under 18 years must be accompanied by an adult.
- \Rightarrow No stops will be made for individual needs.
- ⇒ No refunds if you cancel your trip or fail to show.

Disability Related Accommodations

If you would like to participate in these activities & require disability related accommodation, please call our office at (302) 736-7050. You may reach TTY/TDD operator services by dialing 1-800-855-1155.

ACTIVITY REGISTRATION FORM

***Please read the Registration Highlights on the Information Page before registering ***

			zerere registernig.
Adult Participant/Ch	HILD (UNDER 18) GUARDIAN INFORMATIO	ON	Please print and fill out completely
First Name	MI Last Name		Dover Resident D Non-Resident
Mailing Address			Yes, send me email updates to:
City, State Zip			
Primary Phone Number	S	econdary Phone Number	Emergency/Other Contact Number
Participant #1			
First Name	MI Last Name		Sex Birth Date (mm-dd-yy) Age Grade
Session #	ACTIVITY NAME		
PARTICIPANT #2 First Name	MI Last Name		Sex Birth Date (mm-dd-yy) Age Grade
SESSION #	Αςτινιτή Ναμε		Payment Amount & Type Total Due: Checks to: City of Dover Payment Amount & Type Cash Check MC/Visa/Disc Other Please circle
Subm	it your registration by:		RELEASE STATEMENT:

claims on my behalf.

Submit your registration by:

Mail: Dover Parks & Recreation, PO Box 475, Dover, DE 19903

Fax: w/Credit Card Info.: 302-678-2674

Phone: w/Credit Card Info.: 302-674-7541

Credit Card Information

_____ Exp. Date: Card #:

Signature of adult participant /If under 18, parent/legal guardian Date

Card Holder Signature: __

If you would like to participate in these activities and need disability related accommodations, please call 736-7050. You may reach TTY/TDD operator services by dialing 1-800-855-1155.

I understand that the City of Dover provides no medical coverage for participants unless specified, and that

all bills which may be incurred as a result of an activity-related injury are my responsibility. I hold harmless

the City of Dover and all other parties involved in the conduction of these activities. I agree that any photographs taken during the event shall become and remain the property of the City of Dover, and that the

City of Dover shall have the right to use such photographs and/or films whenever so desired free of any



CITY OF DOVER PO BOX 475 DOVER, DE 19903